

HOW TO SOAP For Marriage Groups

This 'How To' guide was originally designed for marriage small groups, but couples outside of small groups can still complete the SOAP study together. Simply follow the S-O-A-P steps and discuss the MARRIAGE QUESTION (item 3) as a couple.

1. *Start by reading the weekly Bible passage as a group.*
2. *Break out as couples so each can privately discuss what God is speaking to them and journal using the SOAP method as outlined below.*



SCRIPTURE: Write the verse that God spoke to you, resonates with you, challenges you, or makes you feel good (try to see the commonalities if you each picked a different verse).



OBSERVATION: Write what prompted you to select this verse(s). Ask yourself any or all of the following questions:

- Is there a command to obey?
- A promise to claim?
- A sin to avoid?
- Is there something new you've just learned about God/Jesus/marriage/yourself?



APPLICATION: Write about how the verse(s) apply to your marriage and your walk with God together? How will you each live out that verse(s)?



PRAYER: Write a short prayer that agrees with what God spoke to you, and ask Him to help you live out that verse.

3. *At the conclusion of couples SOAP, come back together as a group to openly discuss the MARRIAGE QUESTION.*